

Long Island

STARTERS

Sticky Chicken Wings 5.95

Crispy wings tossed in a JD Sauce.

Creamy Garlic Mushrooms **V** **GF** 6.75

Wild mushrooms cooked in a creamy garlic sauce. Served with a toasted wedge of bread.

Long Island Prawn Cocktail **GF** 7.95

Succulent prawns with thinly chopped iceberg topped with our house sauce.

Mozzarella Dippers **V** 6.25

Sticks of mozzarella covered in our blend of breadcrumbs, served with homemade marinara sauce.

Chicken Gujons 6.50

Chicken breast fingers coated in our blend of seasoned breadcrumbs and served with our tasty JD bbq sauce.

Battered Halloumi Fingers **V** 6.25

Sticks of halloumi, coated in seasoned panko served with tzatziki sauce.

MAINS

CHARGRILL

House Burger 10.50 (Go large - Extra pattie £2.50 6oz)

6oz burger, cheddar cheese, American mustard, pickles and sticky onion.

Add: Bacon 1.0, Stilton 1.0, Mushrooms 50p, Jalapenos 50p, Onion Rings 1.50

Southern Fried Chicken Burger 10.50

Chicken breast covered in a seasoned breadcrumb mix, served with a spicy mayo. Or just go plain, chicken breast chargrilled.

Five Bean Burger **V** **VG** 10.0

Vegetarian burger with five beans, chickpeas, coriander, cajun, red kidney beans.

*Selected burgers are served in a brioche bun and include shredded lettuce, tomato. All burgers served with skinny fries and garnish. **Gluten free buns available.**

Upgrade to Dirty Fries £3.50

Steaks

8oz Ribeye **GFA** 17.50

8oz Sirloin **GFA** 17.95

8oz Rump **GFA** 16.95

from Woodford Butchers

Steaks are served with skinny fries, mushroom, onion rings, garnish and grilled tomato.

Add a sauce and side!

Steak sauces: Pepper - blue cheese 2.50 - JD bbq - garlic butter 1.50

CLASSICS

Jumbo Fish and Chips 12.50

Haddock, chips with mushy peas, h/m tartar sauce and chargrilled lemon.

Hunters Chicken **GF** 15.95

Chicken breast wrapped in bacon with cheese, served with leonaise potatoes and sticky JD bbq sauce.

JD bbq Ribs **GF** 13.50

Two large pork ribs smothered in our house sauce, served with fries and salad.

PASTAS

Tagliatelle Polo **GF** 12.50

Chicken, sun dried tomatoes, pesto, pine nuts, double cream, parmesan, garlic sauce.

Penne Fungi **VO** **GFA** 12.0

Wild mushroom, pulled hock ham in a creamy sauce with shaved parmesan.

Primavera Pasta **V** **VG** **GFA** 11.50

Peppers, onion, cherry tomato, broccoli and mushrooms in a rich tomato sauce, or simply plain.

Creamy Mac 'n' Cheese **GF** **V** 9.95

Three cheese macaroni, topped with spring onion and finished under the grill, served with house salad.

Add garlic bread
£3.50

Add cheesy garlic
bread £4.50

SIZZLERS (FAJITAS)

Steak 15.0

Chicken 12.50

Vegetables **V** **VG** 10.0

Add a Mexican
RICE BOWL £2.25

Served to your table sizzling hot!
Accompanied with wraps, salad and
sauces (sour cream, guacamole, salsa
and grated cheese) to finish off.

CHEFS SELECTION

Nachos (Sauces: Sourcream, Guacamole, Pico Di Gialo) 9.0

Nachos with chilli-con-carne, spring onion topped with cheeses and sauces.

Tagliatelle Meatballs **GF** 12.95

Homemade meatballs stuffed with cheese in a rich tomato sauce.

Wild Mushroom Rissoto **V** **GF** 13.0

A selection of wild mushrooms in a rich creamy rissoto drizzled with truffle oil.

Grilled Salmon with a Dijon sauce **V** 12.95

Fillet of salmon on top of lyonnaise potato, broccoli, topped with a dijon sauce.

Vegetarian Lasanage **V** 10.0

Layers of pasta with courgete, mushroom, spinach, butternut, carrots, bell peppers and egg plant in a tomato sauce topped with cheeses.

SALADS

Duck Salad **GF** 11.0

Confit duck tossed in plum sauce, laid on a bed of crispy salad with beansprouts, cucumber, cherry tomato and sesame seeds.

Caesar Salad w Grilled Chicken **VO** **GFA** 10.25

Traditional caesar salad with crispy bacon served with house caesar dressing, croutons, topped with a whole breast of chargrilled chicken.

Blue Cheese and Walnut Salad **GF** **VO** 11.50

Blue cheese, walnuts, parma ham, posh pear (boiled in red wine) and crunchy salad. Drizzled with a honey mustard dressing.

Greek Salad w Feta Cheese **GF** **V** 11.50

Onion, peppers, olives, cherry tomato, cucumber, feta cheese, crunchy salad leaves served with garlic bread.

SIDES

Skinny fries 2.50

Garlic bread 3.50

Onion rings 2.50

H'made slaw 2.0

Mexican rice 2.25

House Salad 3.0

DESSERTS

Waffle Mess 6.25

Waffles, chocolate and vanilla ice-cream, crushed Kinder Bueno w chocolate sauce.

Sticky Toffee Pudding 6.25

Strawberries, raspberries, broken meringue, ice cream and whipped cream.

Cheesecake of the Day 6.25

Homemade cheesecake served with vanilla ice cream and fresh fruit.

Long Island Sunde 6.25

Brownie, marshmallow, ice cream and whippy cream. Chocolate & Strawberry sauce.

Lemon Posset with Lemon Shortbread 6.25

A refreshing, light dessert served with a raspberry compot.

Ice Cream One Scoop 1.50, Two Scoops 3.0

Chocolate, vanilla bean and strawberry.

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal when making your order.

V Vegetarian **VO** Veg option **VG** Vegan
GF Gluten Free **GFA** GF Alternative